



# The UNtraining

*a program for untraining  
white liberal racism*

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## New Group Starts October 11

“What is unique and inspiring about the UNtraining is that we work from the inside out. We look at what’s going on inside of us and how that translates into our actions. We learn about our own privilege, conditioning, racism, etc. in order to change the world by accepting, loving, and changing ourselves. We also cultivate a sense of our human decency. For me this is the foundation of working on myself and being an activist out in the world.”

– April Schlenk, UNtraining participant

The UNtraining is a forum for exploring what it means to be white. We are motivated to investigate our white conditioning so we can better address racism wherever we find it—within ourselves, in our daily lives, our institutions, and our social justice work. Phase One introduces the basic tools and concepts of the UNtraining, including:

- **Multi-dimensionality** – how to hold the complexity of our experience in basic human goodness, beyond the dichotomy of “good white person” versus “bad racist person”
- **Tracking** – how to find the white training within ourselves
- **Core Issue** – how our personal stories allow the training to “hook” us

The Fall 2009 group starts on October 11 and will meet once a month for six months. Sessions are five hours on a Sunday afternoon. An application and telephone interview are required. The group is limited to 10 participants. Cost is sliding scale from \$360 to \$660. Call now!

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For more information and an application:

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